

THE WORLD'S MOST UNIQUE BEAUTY MAGAZINE

NEW BEAUTY

WINTER-SPRING

**5 INSTANT
WRINKLE ERASERS**

Amazing results,
no surgery required

INSIDE INFORMATION ON TOP COSMETIC
ENHANCEMENT PROCEDURES...
DR. PAKEMAN
as featured in
this issue

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YOU'VE NEVER HEARD OF**

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DR. BASIL PAKEMAN

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ANTI-AGING ADVICE Exercise and diet in mod-

eration **ALTERNATIVE OCCUPATION** Architect

HOBBIES Skiing, scuba diving and travel **PLACE**

YOU GO TO ESCAPE THE OFFICE My home in

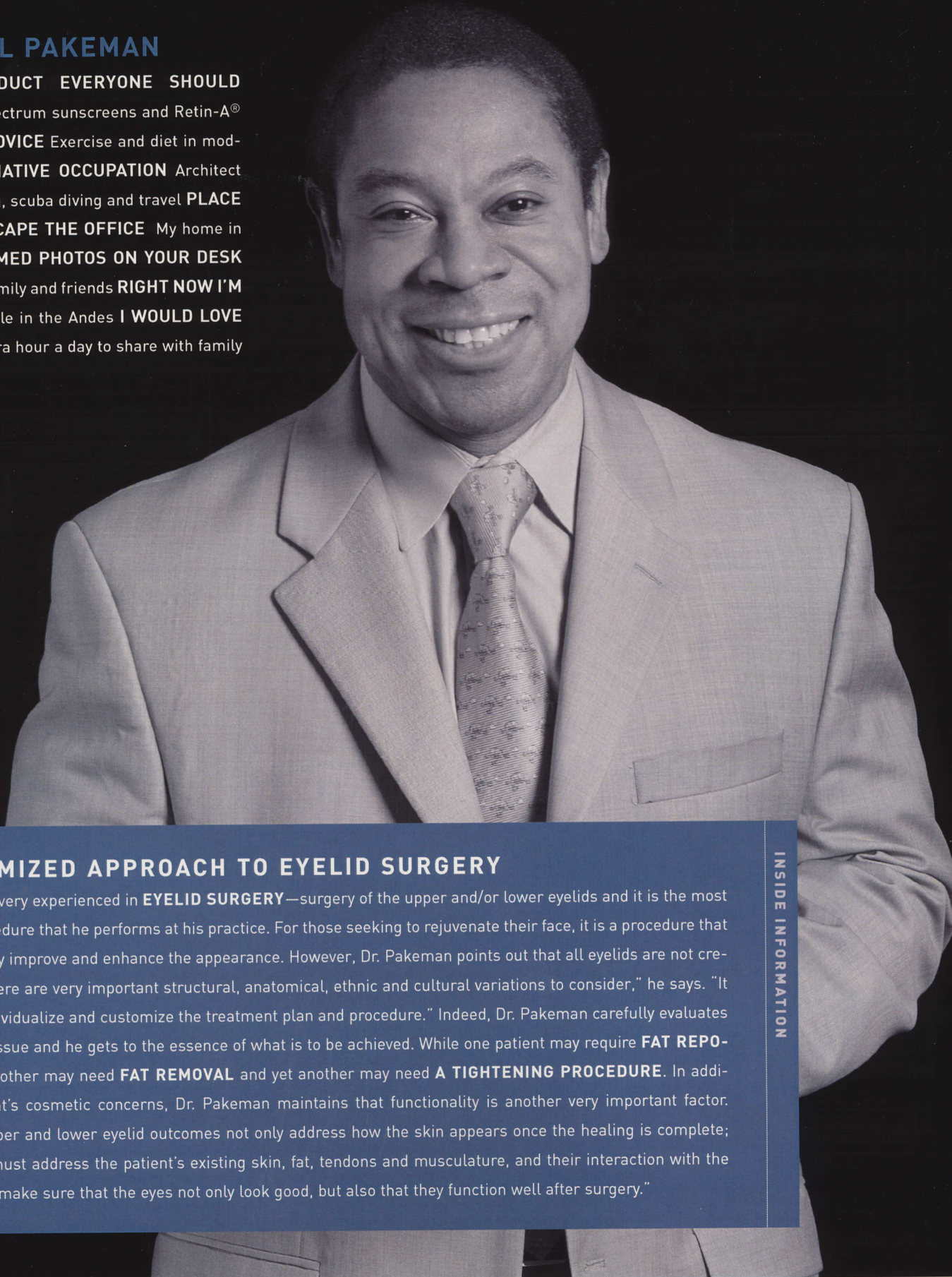
Manhattan **FRAMED PHOTOS ON YOUR DESK**

A collection of family and friends **RIGHT NOW I'M**

READING Miracle in the Andes **I WOULD LOVE**

TO OWN An extra hour a day to share with family

and friends



A CUSTOMIZED APPROACH TO EYELID SURGERY

Dr. Pakeman is very experienced in **EYELID SURGERY**—surgery of the upper and/or lower eyelids and it is the most requested procedure that he performs at his practice. For those seeking to rejuvenate their face, it is a procedure that can dramatically improve and enhance the appearance. However, Dr. Pakeman points out that all eyelids are not created equal. "There are very important structural, anatomical, ethnic and cultural variations to consider," he says. "It is critical to individualize and customize the treatment plan and procedure." Indeed, Dr. Pakeman carefully evaluates each patient's issue and he gets to the essence of what is to be achieved. While one patient may require **FAT REPOSITIONING**, another may need **FAT REMOVAL** and yet another may need **A TIGHTENING PROCEDURE**. In addition to a patient's cosmetic concerns, Dr. Pakeman maintains that functionality is another very important factor. "Successful upper and lower eyelid outcomes not only address how the skin appears once the healing is complete; the operation must address the patient's existing skin, fat, tendons and musculature, and their interaction with the lids' function. I make sure that the eyes not only look good, but also that they function well after surgery."

an eye for beauty

As a cosmetic ophthalmologist, Dr. Basil Pakeman has a keen understanding of both the function and the aesthetic treatment of the eyes and surrounding skin. "I believe that achieving the perfect balance between science and art leads to exceptional results," he says.

Whether patients seek him out for cosmetic eye surgery, a brow lift, injectable fillers or LASIK, Dr. Pakeman first looks to understand what the patient's motivation is. "You must consider each patient as an individual and appreciate what he or she perceives the problem is," he says. Another important factor is understanding what can and cannot be accomplished. "Every patient should have realistic expectations."

During the consultation process, Dr. Pakeman has an open dialogue with his patients about the risks and benefits. Information about the pre- and post-operative care is also discussed. "I like to have a give-and-take conversation so that I can discover exactly what bothers the patient, and then offer viable options that will deliver the most pleasing results." Visualizing that end result is always top-of-mind for Dr. Pakeman. "Beyond visualization, a good surgeon applies sound judgment, dexterity and creativity to his or her work. This is truly what takes cosmetic surgery to an art form."

Many of Dr. Pakeman's patients come to him for LASIK surgery, which the doctor says is a wonderful procedure for vision correction, providing that the patient is an ideal candidate. "Screening is important for LASIK since it's not for everyone," he says. No matter what procedure a patient may desire, Dr. Pakeman is on hand to educate his patients and help them take an active role in maintaining their health and appearance.



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